**Coach: Edmond Khoo**

*Coachee S/No.: 904*

*Period of Coaching: Apr 2021 to Dec 2021*

*Number of Sessions: 9*

*Number of Hours: 16*

*Average Duration per Session: 1 hour 47 mins*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

Edmond projects himself as an experienced and well-respected coach, given his exposure to multiple esteemed portfolios within his career. My first impression of Edmond when I was granted the opportunity to be coached by him, is the utmost privilege afforded by my organisation to have access to a reputable resource person. During my sessions with Edmond, I was consistently challenged to widen my lenses, and this has helped me gain fresh perspectives, and see things with greater self-awareness. Questions were often raised by Edmond to help me reflect and discover answers. This has permitted the shifting and adjustment of preconceived positions on numerous occasions.

On a personal note, Edmond is one that I could easily build rapport with and be absolutely candid in my sharing sessions with him. Although the topics selected were sometimes uneasy, the level of trust to maintain privacy and be open with my sharing has led to a deeper level of communication and mutual understanding, without compromising the effectiveness of the intended coaching sessions and akin to having a friend uncover all your blind spots in hopes of illuminating a ‘better version of you’. Collectively, with Edmond’s attentive listening, nudging and critical questions, I progressed towards my goals and resolved issues I had earlier encountered.

The compounding benefits of several sessions was the ability to follow up and be accountable for my committed action tasks. I was in the midst of a transitionary role within my career, and the sessions permitted me to take stock of my actions, and incessantly gave me a second opinion to reinforce hunches and key decisions to be made. This was vital especially when I was given a new role after 2 sessions with Edmond and had to harmonise a new team, with the department laden with challenges of high staff turnover and low morale. Although our conversations ran off tangent from initial course due to the transitions I had to undertake, the returns outweigh what I had initially hoped for.

I would recommend Edmond as a coach to new leaders or leaders in transition who are eager to sharpen their awareness through a coach to constantly challenge them to scale greater heights and beyond their limit.